

BEND NORDIC YOUTH CLUB

The Bend Nordic Youth Club is a fun-focused program that introduces young people to the basics of cross country skiing.

Participants will learn both classic and skate technique through games and skiing adventures from an enthusiastic, experienced and professionally trained group of local youth coaches.

Parents will enjoy the perfect balance of family time and free time. While children learn and play with their peers and our trained coaching staff, parents can enjoy the Mt. Bachelor trail system on their own. When practice is complete, families can join together and your children will have a great time sharing their new ski tricks!

Ages	7-11
Dates	Ten Selected Weekends from December to March Nov 28,29, Dec 5,6,12,13,19,20, (no practice on Dec 26-27) Jan 2,3,9,10,23,24,30,31, (no practice on Jan 16-17) Feb13,14,27,28 (no practice on Feb 6-7 or Feb 20-21)
Days/Times	<ul style="list-style-type: none"> • 1 or 2 days per week • Saturday and/or Sunday mornings • 9:45am to 11:15am
Costs	Tuition: 2 Days per week \$250 1 Day per week \$150
	<hr/> Season Pass: Discounted passes will be available in September at www.mtbachelor.com Expect approximately \$109/child
Locations	Mt. Bachelor Nordic Trails
Extras	Participants will be provided with team wax on classic days. Participants will also enjoy a special Moonlight ski and be kept up to date on Youth Festivals and Events within the Western states.

